

SIP Portugal – Launch Meeting

Date	11 December 2018
Time	14h - 17h30
Venue	Hotel Marriott Lisboa



Participants

Ana Pedro, APED (Chair); Catarina Marques, LPCDR ; Diana Wong Ramos, Portugal AVC; Duarte Correia, APED; Eunice Silva; Graça Mesquita, APED; Ivone Machado, ADDCA; Joaquim Brites, APN; Maria Teresa Flor de Lima, Conselho Científico/ ADDCA; Paulo Gonçalves, SPEM; Rita Tinoco, Grünenthal; Tadeusz Hawrot, SIP; Teresa Vaz Patto, APED

Dr. Ana Pedro started by discussing and approving the mission and objectives of SIP PT:

Mission:

By bringing together science & society we work towards decreasing the societal impact of pain in Portugal, with an ultimate goal of improving the quality of life of those affected by it.

Objectives:

- ✓ *To unite all Portuguese organisations and societies advocating for better pain care in order to jointly define and foster pain care policies*
- ✓ *To ensure access to adequate pain treatment for all Portuguese citizens*
- ✓ *To decrease the stigma of pain as an invisible disease*

- ✓ *To promote more research into pain*
- ✓ *To foster prevention measures in order to decrease the number of people affected by pain*

Ways to enhance communication and engage the media with the projects were then discussed and it was agreed to look into one or more ambassadors to support SIP PT. The participants then watched the SIP Malta video and agreed on a need of translating and adapting it. It could be also divided in several parts (to make it shorter and easier digestible).

Next steps will include writing a *Position Paper* to outline the burden that pain has on Portuguese society as well as the scope of actions for SIP PT. With this document it will be more efficient to approach relevant stakeholders. It will be drafted by Tadeusz Hawrot, with an input from all Platform members is to be finalized by the end of January 2019.

PR agency ATREVIA will be responsible for mapping of national companies to be invited to discuss employment and pain.

It was agreed that the group will work in an integrated campaign that could involve the following perspectives:

- ✓ Clinical
- ✓ Patient
- ✓ Caregiver / Family
- ✓ Employer
- ✓ Political-economic

The key meeting next year will take place as part of the National Day of Fight Against Pain, November 18, 2019.

Next meeting of the Platform for the Social Impact of Pain in Portugal scheduled for February 4, 2019.

