

# SOCIETAL IMPACT OF PAIN (SIP)



SIP Symposium – Bringing pain policy to the next decade  
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The scientific framework of the “Societal Impact of Pain” (SIP) platform is under the responsibility of the European Pain Federation, EFIC®. Cooperation partners are Pain Alliance Europe (PAE) and Active Citizenship Network (ACN). The pharmaceutical company Grünenthal GmbH is responsible for funding and non-financial support (e.g. logistical support).



# EUROPEAN SURVEY ON NATIONAL PAIN PLANS: RESULTS AND IMPLICATIONS

Vittoria Carraro, European Pain Federation EFIC

Paul Cameron, NHS Fife Pain Management Service

Deirdre Ryan, Pain Alliance Europe

Moderators: Michael von Fisenne (Grünenthal), Joke Jaarsma (European Federation of Neurological Associations – EFNA)



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# EUROPEAN PAIN PLAN SURVEY SETTING THE SCENE

Vittoria Carraro, European Pain Federation EFIC



# Disclosure Statement of conflict of interest in the context of the subject of this presentation

Within the past 12 months, I or my spouse/partner have had following financial interest/arrangement(s) or affiliation(s)

Support for travel	N/A
Honoraria for lectures	N/A
Honoraria for advisory board activities	N/A
Participation in clinical trials	N/A
Research funding	N/A
Financial shares and options	N/A

# STARTED WITH 2011 ROADMAP TO ACTION MODIFIED 2014 SURVEY – RESULTS PRESENTED AT SIP SYMPOSIUM 2016



## The Societal Impact of Pain – A Road Map for Action European Road Map Monitor

Survey designed and data provided by EFIC®  
EU liaison committee

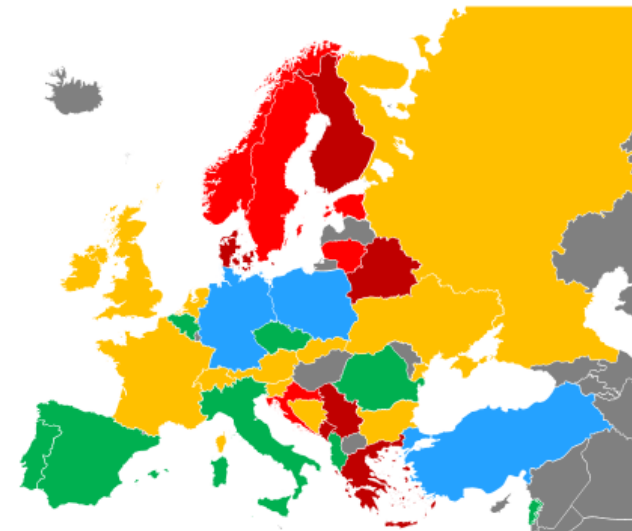
Chris Wells, President  
European Pain Federation, EFIC

### Launch of national action plans against pain progresses

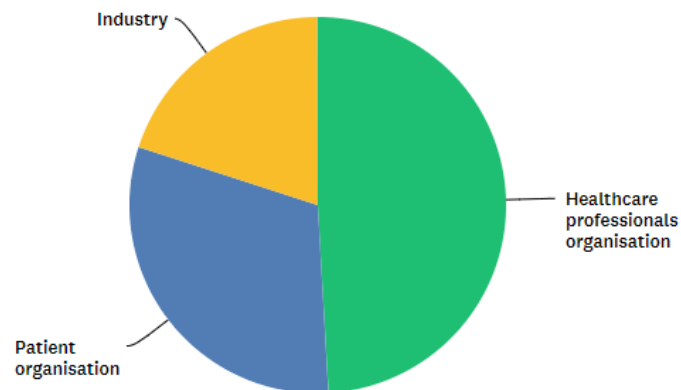


A national action plan against pain has been launched (incl. EFIC/ IASP chapters)?

- Completed
- Nearly completed
- In progress
- Started
- Not started



# DIFFERENT STAKEHOLDERS ARE INVOLVED IN THE SIP PAIN PLAN SURVEY AND IN SIP PLATFORMS



ANSWER CHOICES	RESPONSES	
▼ Healthcare professionals organisation	49.09%	27
▼ Patient organisation	30.91%	17
▼ Industry	20.00%	11
<b>TOTAL</b>		<b>55</b>

- Healthcare professionals, industry, patient organizations
- 25 countries
- Higher rate of responses from Germany, UK, Spain and Italy, followed by Estonia, Portugal and Nordics
- National SIP Partners representing different stakeholders

## FOCUS ON PAIN POLICIES

Paul Cameron

National Advisory Committee – Scotland

Specialty Advisor to Chief Medical Officer

Head of Service - NHS Fife Pain Management Service, Scotland



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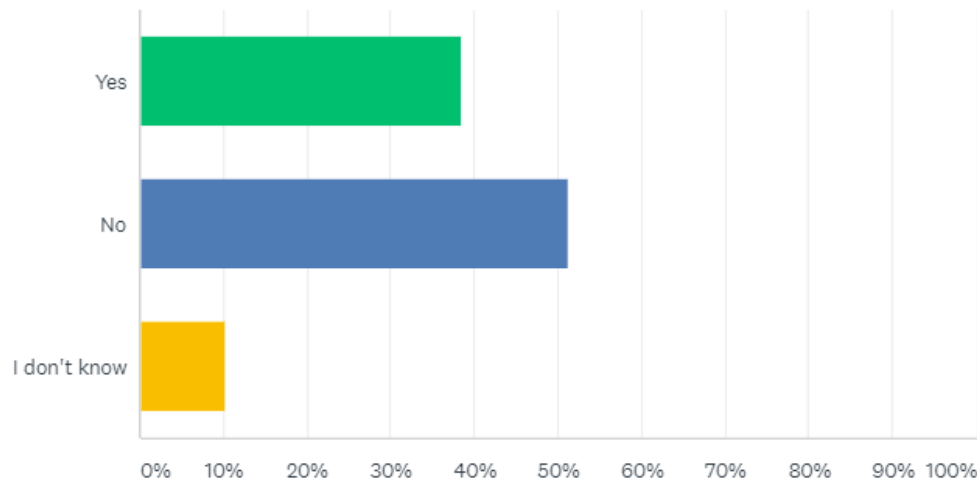
Support for travel	.....EFIC Congress.....
Honoraria for lectures	..... none .....
Honoraria for advisory board activities.....	..... none .....
Participation in clinical trials	PI - Develco
Research funding	NHS Fife Bursary / Scottish Government
Financial shares and options	.....none .....



# QUALITY INDICATORS



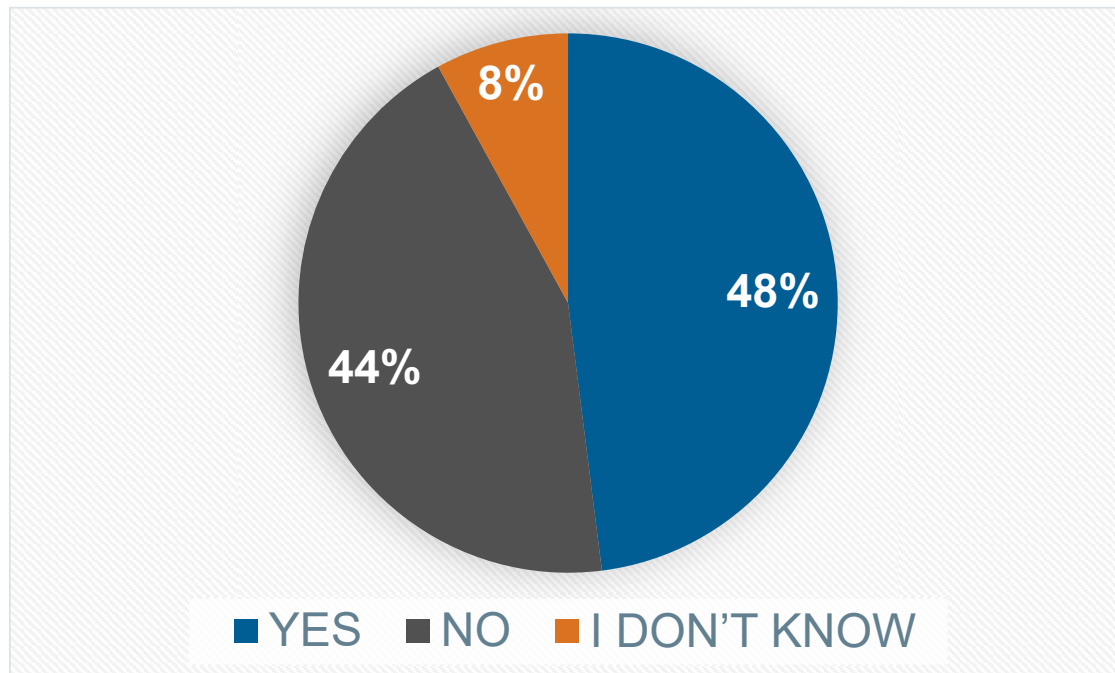
# A REGIONAL OR NATIONAL PAIN PLAN HAS BEEN LAUNCHED IN 50% OF RESPONDENTS' COUNTRIES



**What more did we learn?**  
Implementation has not started in many of these countries

ANSWER CHOICES	RESPONSES
Yes	38.46% 15
No	51.28% 20
I don't know	10.26% 4
<b>TOTAL</b>	<b>39</b>

## IN ALMOST HALF OF RESPONDENTS' COUNTRIES THERE ARE NATIONAL AND/ OR REGIONAL STANDARDS AVAILABLE TO MEASURE CHRONIC PAIN OUTCOMES



### What does it measure?

Standards are mostly measuring:

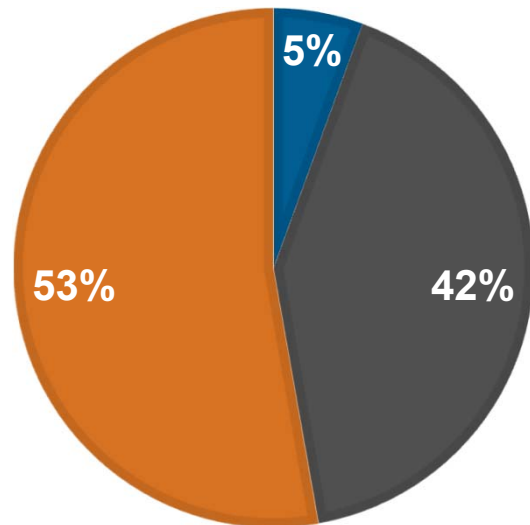
- pain intensity and/ or frequency
- quality of life outcomes (e.g. physical function, ability to perform activities of daily living, work, recreation)

However a system to monitor outcomes is present in only 4 responding countries

# ICD-11 AND ICF ARE BEING IMPLEMENTED IN VERY FEW COUNTRIES

## ICD 11

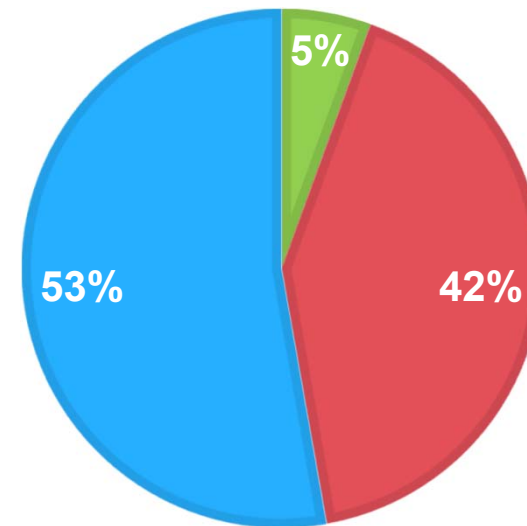
■ yes ■ no ■ I don't know



THE INTERNATIONAL  
CLASSIFICATION OF DISEASES  
11TH REVISION

## ICF

■ yes ■ no ■ I don't know

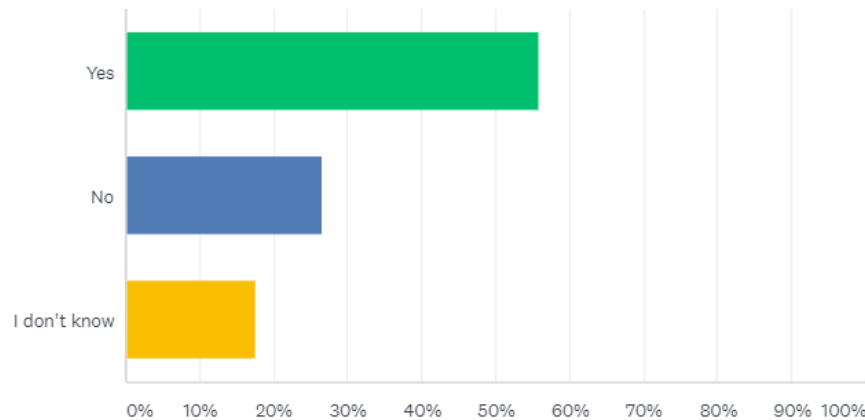


INTERNATIONAL CLASSIFICATION  
OF FUNCTIONING, DISABILITY AND  
HEALTH

# FOCUS ON PAIN POLICIES: EDUCATION



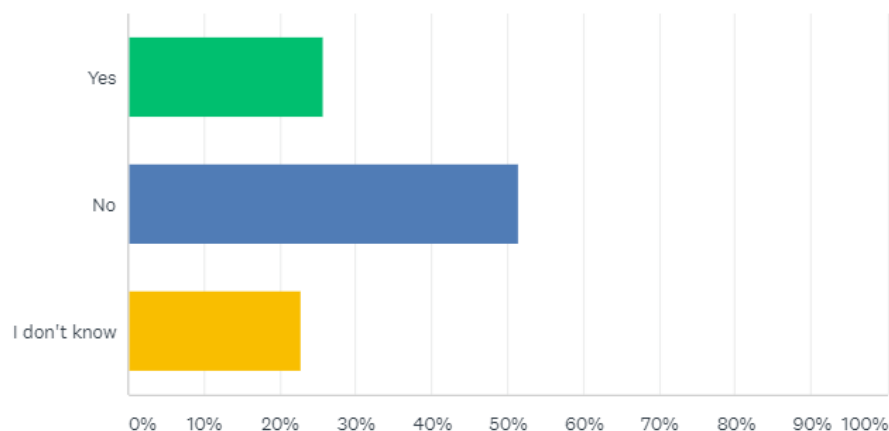
# BASICS OF PAIN MANAGEMENT HAS BEEN INTRODUCED IN MORE THAN 1/3 OF SURVEYED COUNTRIES



**What more did we learn?** According to respondents' feedback the minimum mandatory requirement of hours for pain medicine teaching can vary significantly within & across countries

ANSWER CHOICES	RESPONSES
▼ Yes	55.88% 19
▼ No	26.47% 9
▼ I don't know	17.65% 6
<b>TOTAL</b>	<b>34</b>

# NATIONAL PAIN EDUCATION PROGRAMS ARE NOT AVAILABLE TO THE GENERAL PUBLIC IN MORE THAN HALF OF RESPONDENTS' COUNTRIES



ANSWER CHOICES	RESPONSES
Yes	25.71% 9
No	51.43% 18
I don't know	22.86% 8
<b>TOTAL</b>	<b>35</b>

**What more did we learn?** From the comments provided by respondents it appears that charities and universities are in some cases stepping in to fill this gap. e.g:

- *'Pain management house' provided by collaboration of all Finnish University Hospitals*
- *Hospital based Pain Management Programmes, Charity based programmes none are standardised*
- *Other forms of "learning to live with chronic pain" programs of varying quality*

# FOCUS ON PAIN POLICIES

Deirdre Ryan, Chronic Pain Ireland





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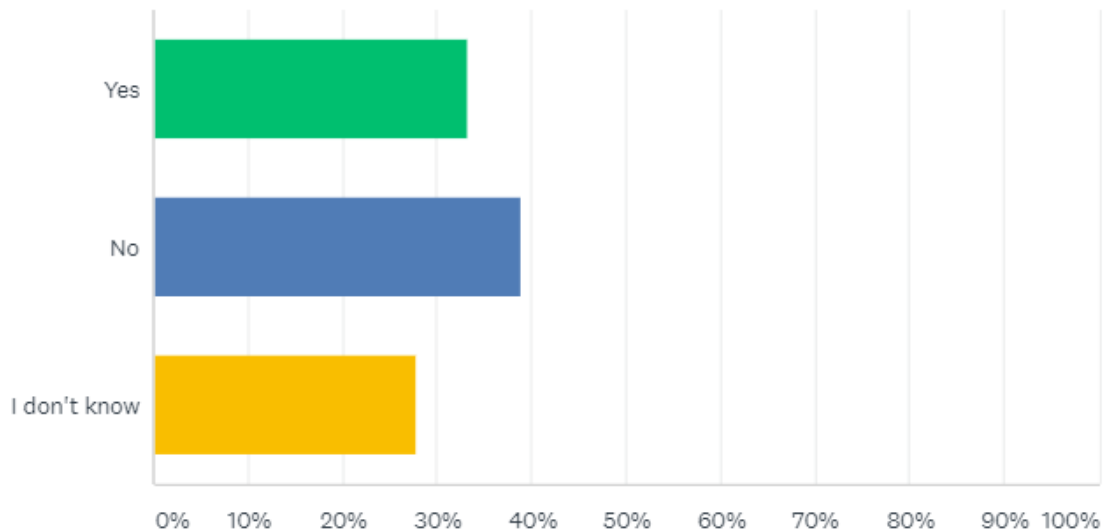
Support for travel	.....Grünenthal.....
Honoraria for lectures	.....Grünenthal.....
Honoraria for advisory board activities.....	none .....
Participation in clinical trials	..... none .....
Research funding	..... none .....
Financial shares and options	..... none .....
.....	.....

# FOCUS ON PAIN POLICIES: EMPLOYMENT

Deirdre Ryan, Chronic Pain Ireland



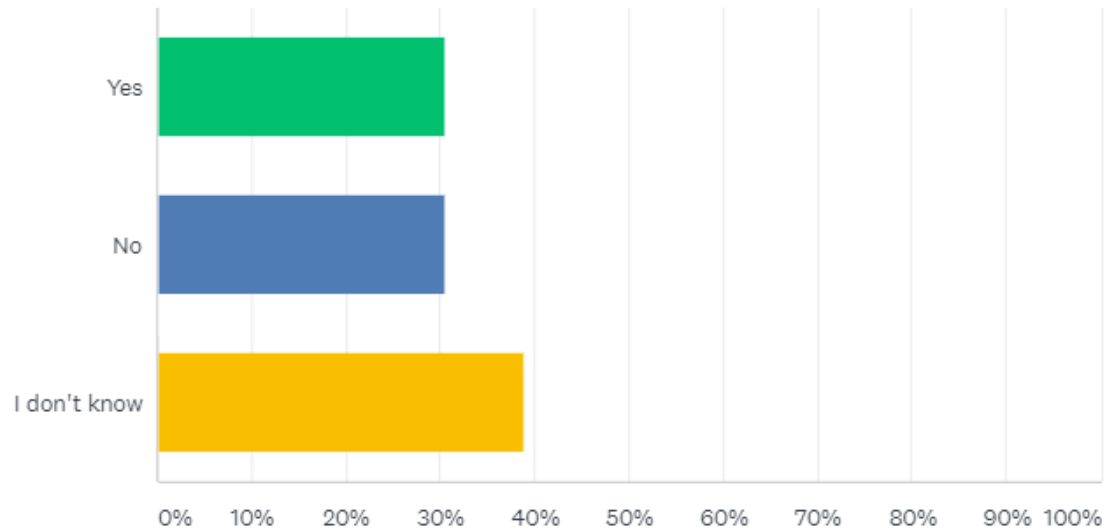
# THERE ARE NATIONAL OR REGIONAL POLICIES IN PLACE TO INCENTIVISE STAYING AT WORK FOR PEOPLE WITH CHRONIC PAIN IN AT LEAST 1/3 OF RESPONDENTS' COUNTRIES



**What more did we learn?** Where these policies are in place respondents reported discontinuity and lack a holistic approach

ANSWER CHOICES	RESPONSES
Yes	33.33% 12
No	38.89% 14
I don't know	27.78% 10
<b>TOTAL</b>	<b>36</b>

# IS PAIN MANAGEMENT INCLUDED IN VOCATIONAL REHABILITATION PROGRAMS?



**What more did we learn?**  
On the topics of vocational rehabilitation as well as reintegration there was a split among respondents which might indicate a gap of knowledge on this topic and/or strong variations among national policies

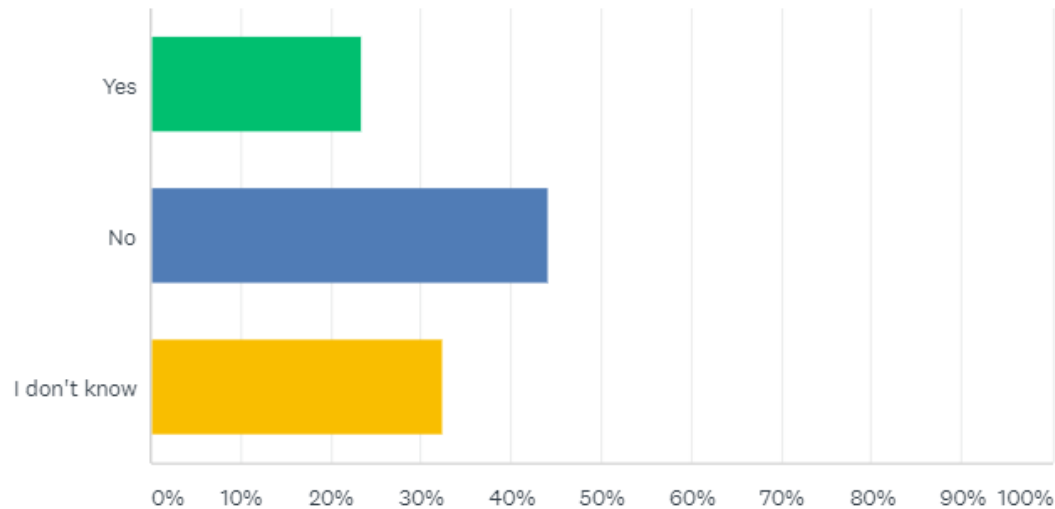
ANSWER CHOICES	RESPONSES
▼ Yes	30.56% 11
▼ No	30.56% 11
▼ I don't know	38.89% 14
<b>TOTAL</b>	<b>36</b>

# FOCUS ON PAIN POLICIES: RESEARCH

Deirdre Ryan, Chronic Pain Ireland



# PAIN IS NOT MENTIONED IN AT LEAST HALF OF NATIONAL RESEARCH STRATEGIES OF RESPONDENTS' COUNTRIES

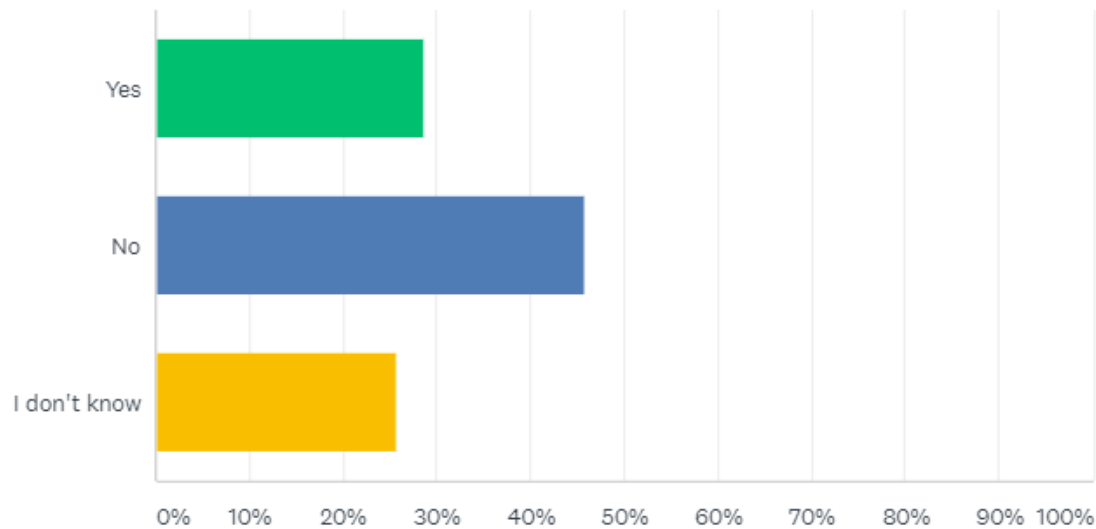


## What more did we learn?

When a pain research strategy is present most respondents reported implementation has not started yet

ANSWER CHOICES	RESPONSES
Yes	23.53% 8
No	44.12% 15
I don't know	32.35% 11
<b>TOTAL</b>	<b>34</b>

# PATIENT INVOLVEMENT IS NOT MANDATORY IN DEVELOPING PAIN RESEARCH PROJECTS IN AT LEAST HALF OF THE COUNTRIES



**What more did we learn?**  
Where patient involvement is mandatory some respondents have reported an “opportunistic” or “episodic” representation of patients

ANSWER CHOICES	RESPONSES
▼ Yes	28.57% 10
▼ No	45.71% 16
▼ I don't know	25.71% 9
TOTAL	35

# EUROPEAN PAIN PLAN SURVEY CHALLENGES AND ACHIEVEMENTS

Vittoria Carraro, European Pain Federation EFIC





## A SNAPSHOT: WHAT ARE THE BIGGEST CHALLENGES IN YOUR COUNTRY WITH REGARDS TO PAIN STRATEGIES?

*“Accurate data that is publicly available, which would inform a National Pain Strategy”*

*“Lack of funding for organizing pain management”*

*“Chronic pain is still not seen as an own disease, but a symptom”*

*“Have mandatory education of Pain for all different professionals and involve politicians”*

*“Inform health policies and public”*

## A SNAPSHOT: WHAT ARE THE BIGGEST ACHIEVEMENTS IN YOUR COUNTRY WITH REGARDS TO PAIN STRATEGIES?

***“Decision of National Council Commission for Healthcare and recent approach to the Secretary for Healthcare at Ministry for Health”***

***“2014 was the year pain medicine was made a specialism in Ireland”***

***“Interdisciplinary multimodal pain management is mentioned also for out-Patient Treatment, under development”***

***“Education”***

## NEXT STEPS

- **Completion of collection**
- **Possible template for national surveys**
- **Evaluation**
- **Report**
- **Available by early 2020**

## PRELIMINARY CONCLUSIONS

- A diverse and growing stakeholder community engages on pain policies at national level, enhanced by SIP's initiative to launch national platforms
- The main concerns of the involved stakeholders confirm the policy focus of the SIP Joint Statement
  - Need for further implementation of pain indicators
  - Allocation of resources to pain research and further, more meaningful patient involvement
  - More consistency in HCPs pain education requirements minimum standards, stronger general public education and patient empowerment
  - Employment policies to include measure to stay at and return to work for chronic pain patients

# SOCIETAL IMPACT OF PAIN PLATFORM

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[www.sip-platform.eu](http://www.sip-platform.eu)

