

***Final Programme***  
***4<sup>th</sup> European Annual Event***

***Societal Impact of Pain (SIP) Focus Groups 2013***  
***Brussels***

***Renaissance Brussels Hotel, Rue due Parnasse 19***

***European Parliament, 60 rue Wiertz /***  
***Wiertzstraat 60, PHS 3C50***

***14-15 May 2013***





**Professor Hans Georg Kress M.D., Ph.D., FPMCAI (Hon)., EFIC**

**President:** *“The last three SIP symposia have shown the significant relevance of the topic of the Societal Impact of Pain for stakeholders all over Europe. The Road Map for Action was launched and national best practices demonstrate how EU Member States successfully implemented policies for improved pain management in their country. SIP 2013 will therefore aim for bringing these policy examples onto EU level and to the attention of European policy makers. Let’s “focus” on how we can change pain management in Europe – during the SIP 2013 Focus Groups.”*

## Background SIP Platform

The European, multi-stakeholder platform [Societal Impact of Pain \(SIP\)](#) was created in 2010 as a joint initiative of the European Federation of IASP® Chapters (EFIC®) and the pharmaceutical company Grünenthal GmbH. The aims are to

- raise awareness of the relevance of the impact that pain has on our societies, health and economic systems;
- exchange information and share best-practices across all member states of the European Union;
- develop and foster European-wide policy strategies & activities for an improved pain care in Europe.

As multi-stakeholder platform SIP provides opportunities for discussion for health care professionals, pain advocacy groups, politicians, insurances, representatives of health authorities, regulators and budget holders. The scientific framework of the SIP platform thereby is under the responsibility of EFIC®. Grünenthal is responsible for funding and non-financial support (e.g. logistical support).

## SIP Symposia 2010-2012

In the past three years [EFIC®](#) and [Grünenthal](#) have organized three European scientific symposia on the societal impact of chronic pain in Europe:

The first symposium [SIP 2010](#) established the multi-stakeholder network and thus a platform for sharing best practices of pain management throughout Europe.

The second symposium [SIP 2011](#) took place in the European Parliament and was supported by all three European institutions: Members of the EU Parliament, the EU Commissioner for Health & Consumer Policy, as well as the Hungarian Presidency holding the EU Presidency from Jan-Jun 2011. Furthermore, it was endorsed by more than 85 international and national patient advocacy groups, scientific organisations and health authorities. Key result from SIP 2011 was the [SIP Road Map for Action](#) outlining seven policy dimensions on how the EU institutions and member states can effectively address the societal impact of pain at EU level.

The third symposium [SIP 2012](#) took place in Copenhagen, Denmark. More than 400 stakeholders from more than 30 countries participated in the meeting, which was officially held under the high patronage of the Italian Prime Minister and the Italian Ministry of Health and Welfare, and which was endorsed by more than 161 organisations. For the first time concrete national policies on pain management were shared with the participants reflecting how EU Member States succeeded to implement the SIP Road Map for Action on national level.

## New: SIP 2013 Focus Groups

Following these promising national examples from SIP 2012 and the general SIP stakeholders' feedback to intensify the work on concrete projects to leverage outcomes for EU level, the *SIP Programme Committee* decided to implement the so-called *SIP Focus Groups*. In contrast to the past three European symposia, the SIP 2013 Focus Groups will concentrate on two concrete policy topics, which are following closely one of the seven policy dimensions of the [SIP Road Map for Action](#).

The Focus Groups will provide a forum for inspirational key note presentations and in-depth plenary discussion. The aim for both groups is the publication of concrete Recommendations or a Proposal for Action, which will be developed during each Focus Group.



The two topics for the SIP 2013 Focus Groups chosen by the SIP Programme Committee are as follows:



### **SIP Focus Group 1 – Pain as Quality Indicator (max 50 participants)**

**According to policy dimension No 7 on “Monitoring Outcomes” of SIP Road Map for Action**

**Venue: Renaissance Brussels Hotel, Rue due Parnasse 19, Brussels, 1050 Belgium**

**Following invitation by SIP Programme Committee before 30<sup>th</sup> March 2013**

The SIP Focus Group 1 is based on the pilot project on good practice indicators for pain management (IPM) as presented by Professor Pedro Saturno (University of Murcia, Spain) during SIP 2012. The need for developing tools for monitoring the quality of pain management brought forth this national best practice, which has been successfully pilot-tested (or validated) in the Spanish Health Care System by more than 10 Spanish regions (out of 17 regions).

Under the technical supervision by Pedro Saturno, the project by Plataforma SinDolor was coordinated by the Fundación Grünenthal and FUINSA Health Research Foundation. The IPM project developed indicators for chronic malignant pain, chronic non-malignant pain and acute pain.

### **Objective**

To build and agree upon a comprehensive, but “European-reduced” set/selection of indicators for pain management of chronic non-malignant pain, based on the best currently available evidence/reference, to be validated and/or pilot-tested and implemented by EU Member States / Regions in Europe.

### **Development of SIP Recommendations**

During the SIP Focus Group the significance and rationale to develop “SIP Recommendations for a European set of quality indicators for chronic non-malignant pain management” will be explained.

The SIP Recommendations will be drafted by an *international expert group* prior to the SIP Focus Group consisting of:

- Prof Anne Berquin, Consultation de la Douleur Chronique, Cliniques Universitaires Saint-Luc, Belgium
- Dr Maria Alice Cardoso, Centro Hospitalar de Lisboa Central, Portugal
- Prof Björn Gerdle, Faculty of Health Sciences, Linköping University, Sweden
- Dr Wolfgang Habacher, Johanneum Research Forschungsgesellschaft mbH, Austria
- Dr Virginie Piano, Hôpital la Timone, Centre Douleur Chronique, France

- Dr Cathy Price, Clinical Director at Southampton City CCG, UK
- Prof William Raffaelli, Fondazione ISAI, Institute for Research on Pain, Italy
- Prof Pedro J. Saturno, Medical Faculty, University of Murcia, Spain
- Prof Dr Rolf-Detlef Treede, Medical Faculty of University Mannheim, Germany
- Prof Dr Kris C. P. Vissers, UMC St. Radboud, Netherlands

The draft document will be distributed to all participants 1-2 weeks before the SIP 2013 Focus Group for optimal preparation. The SIP Recommendations will be discussed and approved by the entire group during the Focus Group. The final version will be published following SIP 2013 on the [SIP website](#).

### Participants

Speakers and participants of the SIP Focus Group 1 will be individually invited on behalf of the SIP Programme Committee. The invitation will be sent before 30th March. Participants shall be experts in the field of using pain indicators (e.g. health care professionals) and/or implementing pain indicators (e.g. representatives of health authorities or insurances) and shall actively contribute to the discussion and development of the final SIP Recommendations.

*“Actually, it will be a dream if in other countries they can apply the indicators and see what the situation is. Because right now we have the situation in my region and maybe in two or three other regions where they are trying to apply this, to pilot test it; but the ideal would be to see what is happening in a wider scope, in more countries” (see video [Pedro Saturno, SIP 2012](#))*



### **SIP Focus Group 2 – Chronic Pain in the Working Population (120-150 participants)**

**According to policy dimension No 6 on “Best Practice Share” of SIP Road Map for Action**

**Venue: European Parliament, 60 rue Wiertz / Wiertzstraat 60, PHS 3C50**

***Open Registration from 1 March until 30 April 2013 via [www.sip-platform.eu](http://www.sip-platform.eu) (first come, first serve)***

In times of austerity and economic crisis, employment and productivity of the working population is a central topic discussed on national and European level. During the second SIP 2013 Focus Group the significance of the EU workforce and the impact of chronic pain on the latter will be presented. The importance of both preventive measures and rehabilitation programmes will be discussed as part of an effort to ensure that the working population is able to re-enter the workforce even if they have been affected by chronic pain. Best practice examples will be presented which highlight the social and economic benefits of re-integrating chronic pain patients into the workforce.

### **Objective:**

Due to the need for sharing best practices and exchanging models among EU Member States for keeping our workforce healthy, this SIP Focus Group aims at developing a “Proposal for Action”, giving national examples of rehabilitation and integrated care programs and proposals for concrete measures on EU policy level.

### **Development of SIP Proposal for Action**

All EU best practices will be summarised in a report, the “SIP Proposal for Action: Using European Best Practice for the Reintegration of Chronic Pain Patients into the Workforce”. The concrete “SIP Proposal for Action” (statement / phrase) will be discussed and approved during the Focus Group. The report will be officially endorsed and signed by all stakeholders involved in the Focus Group. It will be published following SIP 2013 on

the [SIP Website](#). The SIP Proposal for action will be drafted by an *international expert group* prior to the SIP Focus Group consisting of:

- Harry Kletzko, German Pain League, Germany
- Dr Françoise Laroche, President of CEDR (Cercle d’Etude de la Douleur en Rhumatologie), France
- Jacqueline Lyttle, Director of Commissioning, Jackel solutions Ltd., United Kingdom
- Professor Michiel Reneman, Universitair Medisch Centrum Groningen, the Netherlands
- Dr Clairi Wiholm, Swedish Social Insurance Agency, Sweden

### Participants

Participants of SIP 2013 Focus Group 2 shall be politicians and policy-makers, health care professionals, patient advocacy groups, health and/or pension insurances, health authorities, trade/labor unions, and employers who are willing to share their national/regional best practices and to actively contribute in the discussion and finalization of the SIP Proposal for Action.

### Registration

Registration for participants will open on 1 March 2013 via the [SIP Website](#) on a first come-first serve – basis. Registration closes on 30 April 2013.

## Draft Program

### Tuesday, 14 May

Venue: Renaissance Brussels hotel, Rue due Parnasse 19, Brussels, 1050 Belgium

Until 12:00	Participants SIP Focus Group 1 – Arrivals
12:00-13:00	Lunch
	<p><b>SIP Focus Group 1</b></p> <p><b>How to measure improved chronic non-malignant pain management in the EU? The development of a European set of quality indicators of outcome</b></p> <p><u>Objective: Publication of “SIP Recommendations on the European Implementation of Quality Indicators of Outcome in Chronic Non-Malignant Pain Management”</u></p> <p>Introduction &amp; Welcome to the SIP Focus Groups 2013:</p> <ul style="list-style-type: none"> <li>• Hans-Georg Kress, EFIC President, Austria</li> <li>• Alberto Grua, Executive Vice President, Grünenthal Europe &amp; Australia</li> </ul>
13:00-13:05	
13:05-13:10	
13:10-13:20	<p>Chair SIP Focus Group 1:</p> <ul style="list-style-type: none"> <li>• Waltraud Klasnic, Austrian Member of the European Economic and Social Committee</li> </ul>
13:20-13:40	<ul style="list-style-type: none"> <li>• Pedro Saturno, University of Murcia, Spain: “Development of good practice indicators for pain management (IPM) – a pilot project in the Spanish health system”</li> </ul>
13:40-14:00	<ul style="list-style-type: none"> <li>• Jamie O’Hara, Adelphi (UK): “Assessing the burden of neuropathic pain to support the uptake of Good Practice Indicators (GPIs): Insights from real world data across different diseases”</li> </ul>
14:00-14:15	<ul style="list-style-type: none"> <li>• Rolf-Detlef Treede, Medical Faculty of University Mannheim (DE): “Introduction to Working Session on SIP Recommendations on the European Implementation Indicators for Chronic Pain Management”</li> </ul>

14:15-16:30	<p><b>ALL:</b> Focus Group “Working Session”, discussion on and finalization of the SIP Recommendations</p> <p>Moderator: Roman Haas, Medical Quality GmbH, Austria SIP Reporter: Andrea Warpakowski, Medical Journalist, Germany</p> <p>International experts:</p> <ul style="list-style-type: none"> <li>• Anne Berquin, Belgium</li> <li>• Maria Alice Cardoso, Portugal</li> <li>• Björn Gerdle, Sweden</li> <li>• Wolfgang Habacher, Austria</li> <li>• Virginie Piano, France</li> <li>• Cathy Price, UK</li> <li>• William Raffaelli, Italy</li> <li>• Pedro J. Saturno, Spain</li> <li>• Rolf-Detlef Treede, Germany</li> <li>• Kris C. P. Vissers, UMC St. Radboud, Netherlands</li> </ul>
16:30-17:00	Coffee Break
17:00-17:30	<p>Closure:</p> <ul style="list-style-type: none"> <li>• Sonia García de San José, Spanish Ministry of Health, Social Services and Equality, Madrid (ES): <i>“Pain in the Strategy for Addressing Chronicity in the NHS”</i></li> <li>• Hans-Georg Kress, EFIC President: <i>“Presentation of final European SIP Recommendations &amp; Outlook on EU Implementation”</i></li> <li>• Closure by Waltraud Klasnic, Austrian Member of the European Economic and Social Committee</li> </ul>
17:30	Departure for Participants Focus Group 1

## Wednesday, 15 May

Venue:

- THON Hotel EU, Wetstraat 75 / rue de la Loi 75
- European Parliament, 60 rue Wiertz / Wiertzstraat 60, PHS 03 C 50

Until 12:00 09:00-12:00	<ul style="list-style-type: none"> <li>• Participants SIP Focus Group 2 – Arrivals</li> <li>• Stakeholder Meeting: PAE General Assembly (THON Hotel EU)</li> </ul>
10:30-12:00	<p><b>International Press Briefing (THON Hotel EU)</b></p> <ul style="list-style-type: none"> <li>• Hans Georg Kress, EFIC President (AT): <i>Welcome &amp; Introduction to SIP 2013 Focus Groups</i></li> <li>• Alberto Grua, Executive Vice President, Grünenthal Europe &amp; Australia (DE): <i>Welcome &amp; The challenge of measuring pain in Europe</i></li> </ul>

	<ul style="list-style-type: none"> <li>Rolf-Detlef Treede, Medical Faculty of University Mannheim (DE): <i>Report of SIP Focus Group1: SIP Recommendations on the European Implementation of Quality Indicators in Chronic Non-Malignant Pain Management</i></li> <li>Giustino Varrassi, EFIC Past President (IT): <i>“Outlook to SIP Focus Group 2: The societal and economic burden of chronic pain / Sharing European best practices for reintegrating chronic pain patients into the workforce”</i></li> </ul>
12:00-13:00	Lunch – EU Parliament
13:00-13:10	<p><b>SIP Focus Group 2</b> <b>Best Practices in Europe: Chronic Pain in the EU Working Population</b></p> <p><u>Objective: Publication of “SIP Proposal for Action: Using European Best Practices for the Reintegration of Chronic Pain Patients into the Workforce”</u></p> <ul style="list-style-type: none"> <li>Hans-Georg Kress, EFIC President: Welcome</li> </ul>
13:10-13:20	<ul style="list-style-type: none"> <li>Marian Harkin, MEP (IRE): Chair &amp; Introduction to the Key Note Presentations</li> <li>Co-Chair: Liam Conroy, Irish EFIC Councilor</li> </ul>
13:30-13:40	<p><b>Key Note Presentations</b></p> <ul style="list-style-type: none"> <li>Brenda O’Brien, European Agency for Safety and Health at Work: <i>“An Update from EU-OSHA: Current and Future Activities”</i></li> </ul>
13:40-13:50	<ul style="list-style-type: none"> <li>Joop van Griensven, President Pain Alliance Europe, Teresa Petrangolini, Past Director Active Citizenship Network (ACN) &amp; Mariano Votta, Project Manager (ACN) (IT): <i>“European Assessment of the EU Patient Right of Avoiding Unnecessary Suffering and Pain”</i></li> </ul>
13:50-14:00	<ul style="list-style-type: none"> <li>Stefano Coaccioli, Chief, Internal Medicine, Rheumatology and Medical Pain Therapy "Santa Maria" General Hospital, Terni (IT): <i>“EU epidemiology of chronic pain in the working population”</i></li> </ul>
14:00-14:10	<ul style="list-style-type: none"> <li>Anna Vavrovsky, Academy for Value in Health GmbH (AT): <i>“The economic burden of chronic pain in the working population”</i></li> </ul>
14:10-14:30	Coffee Break
14:30-15:45	<p><b>Best-Practices in Europe – Proposal for Action</b></p> <p>Chair: John Christopher Wells, EFIC President Elect</p>
14:30-14:45	<ul style="list-style-type: none"> <li>Jacqueline Lyttle, Director of Commissioning, Jackel solutions Ltd. (UK) <i>“Facing the NHS challenge: Understanding the costs and pathways of chronic pain patients”</i></li> </ul>
14:45-15:00	<ul style="list-style-type: none"> <li>Harry Kletzko, Vice-President German Pain League (DE): <i>“Integrated Health Care Concept for (Low) Back Pain Patients”</i></li> </ul>
15:00-15:15	<ul style="list-style-type: none"> <li>Françoise Laroche, President of CEDR (Cercle d’Etude de la Douleur en Rhumatologie/ Musculoskeletal Pain Specialists Association (F): <i>“Chronic low back pain patients’ management. Psychoeducation programs. Is there an impact on disability and sick-leave days?”</i></li> </ul>
15:15-15:30	<ul style="list-style-type: none"> <li>Michiel Reneman, Universitair Medisch Centrum Groningen (NL): <i>„Working on work; practice examples from the Netherlands “</i></li> </ul>

15:30-15:45	<ul style="list-style-type: none"> <li>Clairy Wiholm, Swedish Social Insurance Agency (SE): <i>“REHSAM – A National Research Program in Sweden, enhancing return to work”</i></li> </ul>
15:45-17:20	<p><b>ALL:</b> Focus Group Discussion on the SIP Proposal for Action (Statement / Phrase)</p> <p>Moderator: Roman Haas, Medical Quality GmbH, Austria SIP Reporter: Andrea Warpakowski, Medical Journalist, Germany</p>
17:20-17:30	<p>Closure</p> <ul style="list-style-type: none"> <li>Hans-Georg Kress, EFIC President: <i>“Summary of SIP Proposal for Action: EU Best Practices &amp; Closure”</i></li> </ul>
17:30	Departure for Participants SIP Focus Group 2

Both SIP 2013 Focus Groups will be supplied with/by:

- External Moderator
- Reporter for SIP 2013 Supplements
- Video Recording & Video Reporter
- Translations in EU-3 languages / EU-5 languages
  - 14 May: English – German – Spanish
  - 15 May: English – German – Spanish – French - Italian
- Photographer
- Event & Support, Travel Support (for Speakers & Active Functions, only)
- Catering (lunch & coffee break)
- Presentations and video material will be made available following SIP 2013 on the SIP website:  
[www.sip-platform.eu](http://www.sip-platform.eu)

## Contacts

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