



HAUTE AUTORITÉ DE SANTÉ

Actions and programs against pain in France

**François Meyer, MD
Head, HTA Division
Haute Autorité de Santé, France
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01

**Public actions
Before 2006**

Fight against pain: Public action in France (1)

- **1991 First set of ministerial regulations on chronic pain**
- **1998 – 2002 First national program of actions**
 - 3 types of pain clinics: multidisciplinary pain management consultation facilities, units and centres
- **2002** Law on patient rights and quality of the health system recognizes the relief of pain as a fundamental right of every person.
- **2002 – 2005 Second national program of actions**
 - 96 chronic pain clinics

2004 : Survey of emergency management of acute pain in pre-hospital setting in France

- **Objectives. - Assessment of practice of Mobil Intensive Care Units (MICU) physicians in severe acute pain (SAP) management.**
- **Phone questionnaire addressed to emergency physicians in 360 units in France**
 - Definition of SAP, means of assessment of SAP,
 - treatment, analgesic drug availability,
 - local guidelines availability and personal assessment of national guidelines

2004 Survey of management of acute pain - Results and conclusions

- 49 % of physicians did not know **National guidelines**
- 63% did not have **local analgesics guidelines**.
- **SAP assessment**: Appropriate tools (VAS or NS >6/10) were mentioned only by 17%.
- **Efficacy assessment**: appropriate tools (VAS or NS <3/10) used by 14%.
- Morphine was used in first intention by 71% of physicians.
- Guidelines about **doses and waiting periods** between 2 administrations were followed respectively by 6% and 28%.
- **Low knowledge about severe acute pain management in out-of-hospital setting, both for pain assessment and treatment. There were few local guidelines to overcome this deficiency.**



02

What changes since 2006?

New Public institutions at national and regional level

- **2005 : National French Health Authority
Independent public scientific body**
 - Health technology assessment
Drugs, Devices, Procedures, Public Health actions and programs...
 - Clinical Guidelines
 - Hospital Accreditation
 - Continuous professional development
 - Additional remit in 2008 to address issues of efficiency (and therefore sustainability) at societal level
- **2009 : Regional Health Agencies**
 - From Hospital Regional Agencies to global coordination of healthcare organisation and financing at regional level

2006: Third ministerial action plan

- The fight against pain is a public health issue and a criterion for the quality and the evolution of a health system.
- It responds primarily to an ethical, humanitarian objective and is about human dignity.
- Physical pain and mental suffering felt at all stages of life make more vulnerable people already weakened by illness.
- Intractable chronic pain is a source of disability and major alterations in the quality of life.
- The fight against pain satisfies a legitimate expectation of everyone.

2006: Third ministerial action plan

Four priorities

- **Improved management of those most vulnerable (children, elderly and end of life period);**
- **Enhanced training of health professionals;**
- **Better use of medications and non-pharmacologic methods**
- **Restructuring of care pathways.**

Restructuring of the care pathways

- **5 actions**
 - Bringing up to date the principles underlying the management of chronic pain, as proposed in 1998;
 - improving access to chronic pain management facilities;
 - sharing experiences of the structures and policies that have been implemented, particularly in the regions;
 - improving healthcare networks' policies in this field;
 - defining and integrating objectives and indicators of improvement in pain management.

How can HAS contribute to the plan?

- **Health technology assessment**
 - Drugs
 - Medical Devices
 - Other non drug interventions
- **Clinical guidelines development**
- **Assessment of organisational aspects**
- **Actions on the quality of practice**
 - Pain management as an indicator in HCOs' accreditation process

Cooperations

- **National institutions: Framework agreements, joint action plans**
 - National Cancer Institute, Anap (National Agency supporting the performance of healthcare and medico-social organisations), Afssaps (French Health Products Safety Agency)...
- **Regional Health Agencies**
 - HAS produces guidance documents for the development of action at a regional level
- **Health professionals:**
 - Development of **National Professional Boards** for each medical specialty Partnership agreements in the view of implementing programs to improve practice.

Appropriate care pathways for patients with chronic pain

- **2007**
 - French professional society (SFETD) request to HAS to produce guidelines for implementation of appropriate care pathways for patients with chronic pain.
- **HAS embarked on two complementary projects:**
 - **clinical practice guideline**, focusing identification of chronic pain and clinical criteria for referral to pain clinics,
 - **status report on the organizational aspects** , analysing
 - characteristics of the population going to pain clinics
 - “Perceived” adequacy of their organisation to the needs of patients;
 - relevance of the 3 different types (consultation, unit, center)
 - criteria for identification of structures by the Regional Hospital Agency.



01

**The role of Health
Technology
Assessment
(HTA)**

Marketing Authorisation

Criteria:

- ▶ Pharmaceutical quality
- ▶ Efficacy
- ▶ Safety

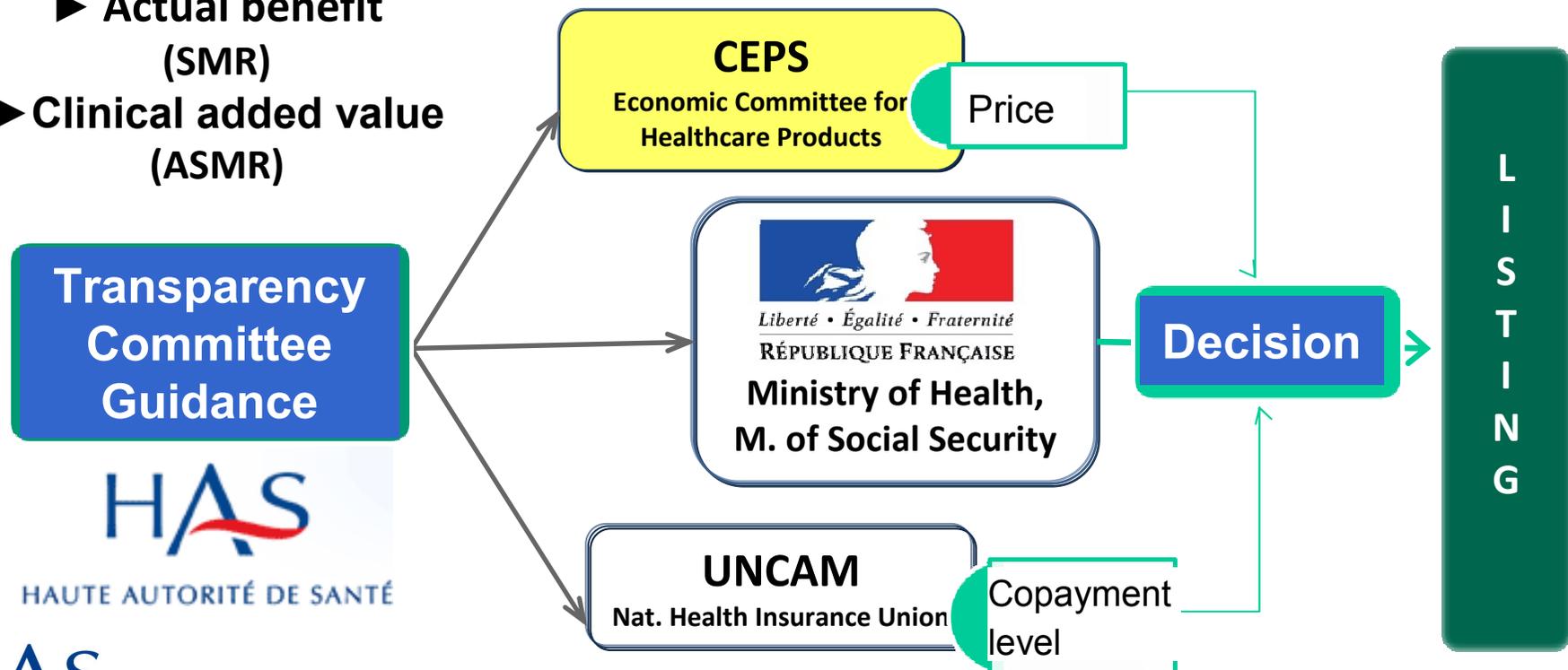


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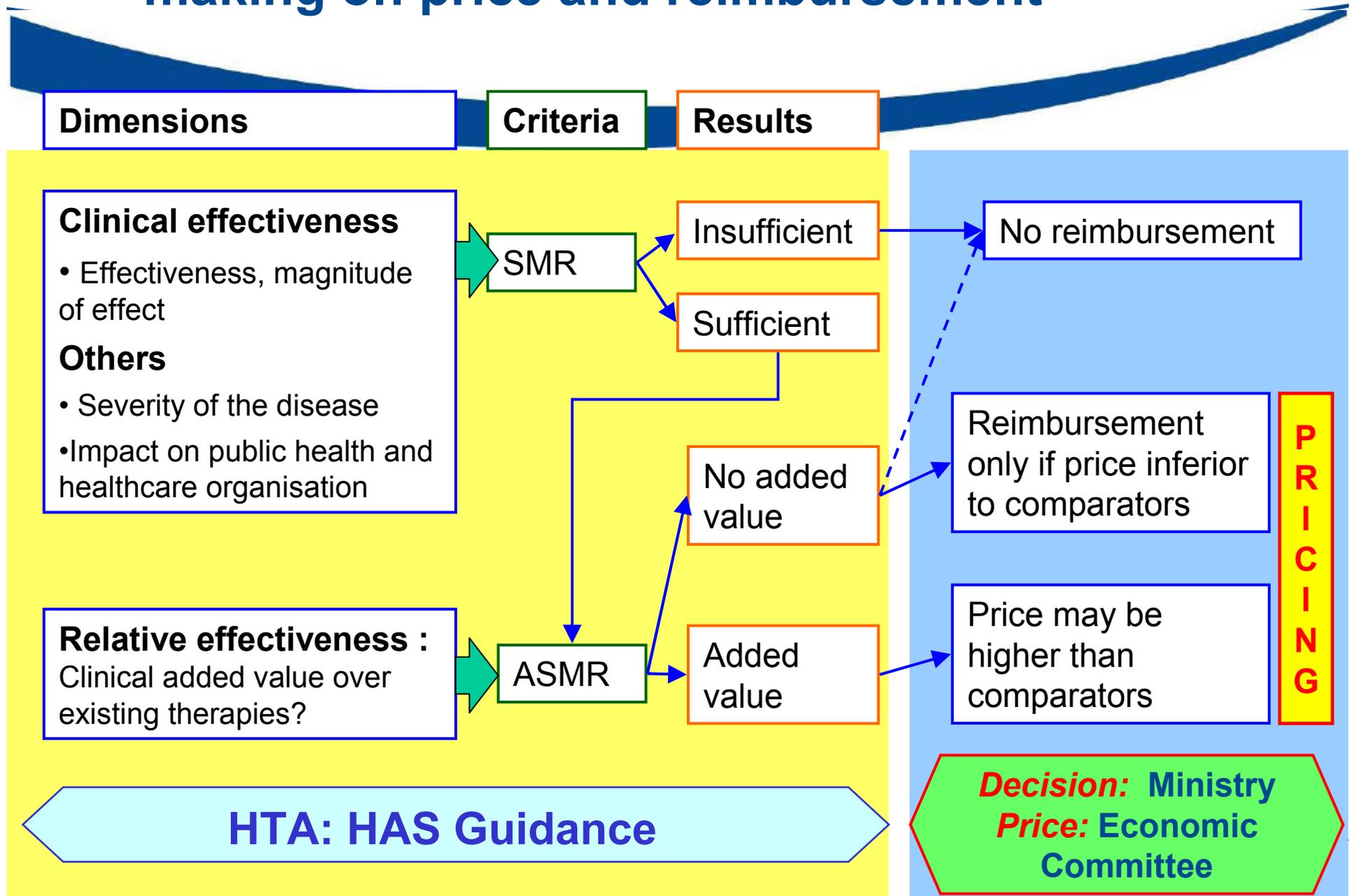
Access to reimbursement

Criteria:

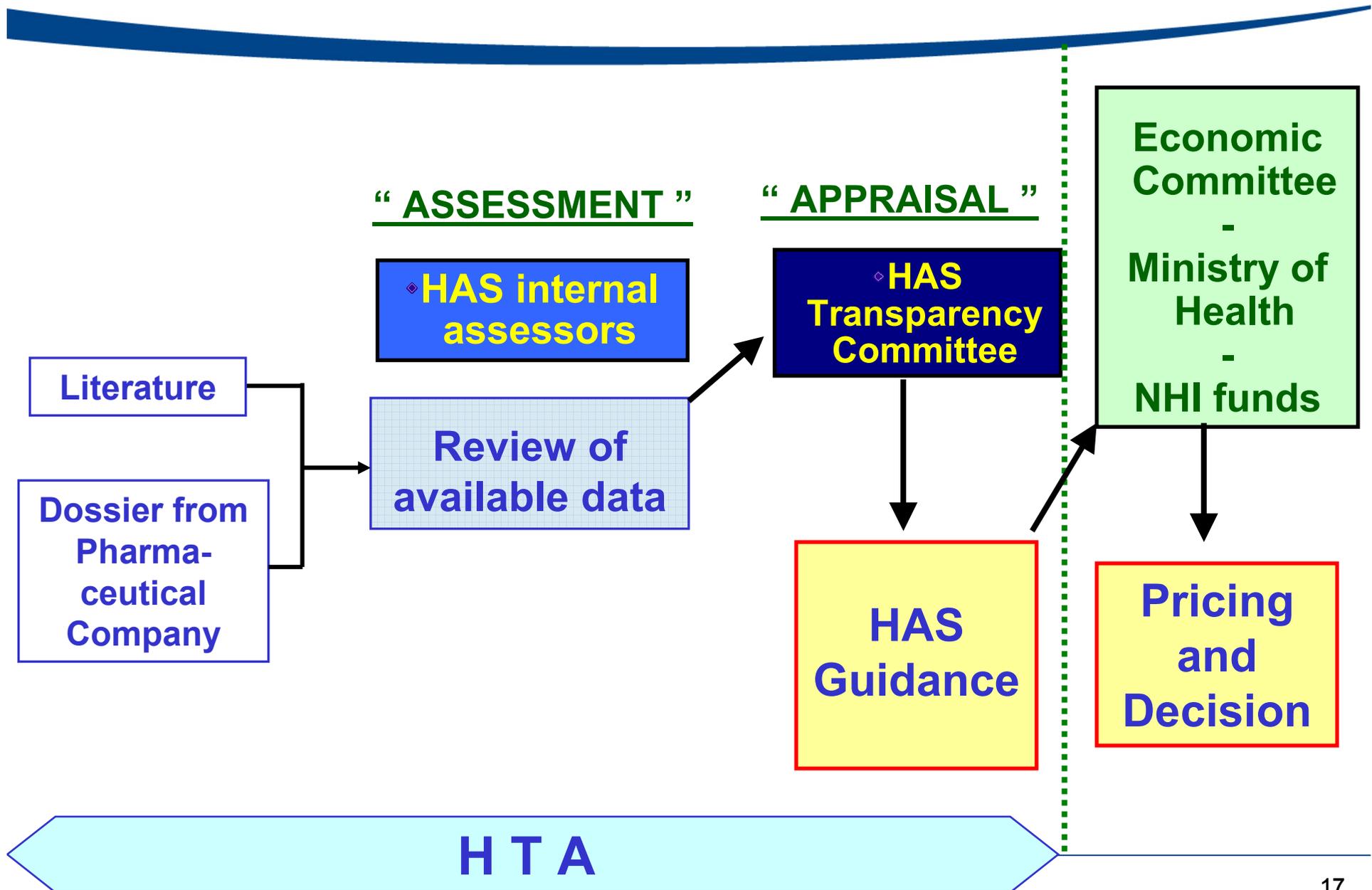
- ▶ Actual benefit (SMR)
- ▶ Clinical added value (ASMR)



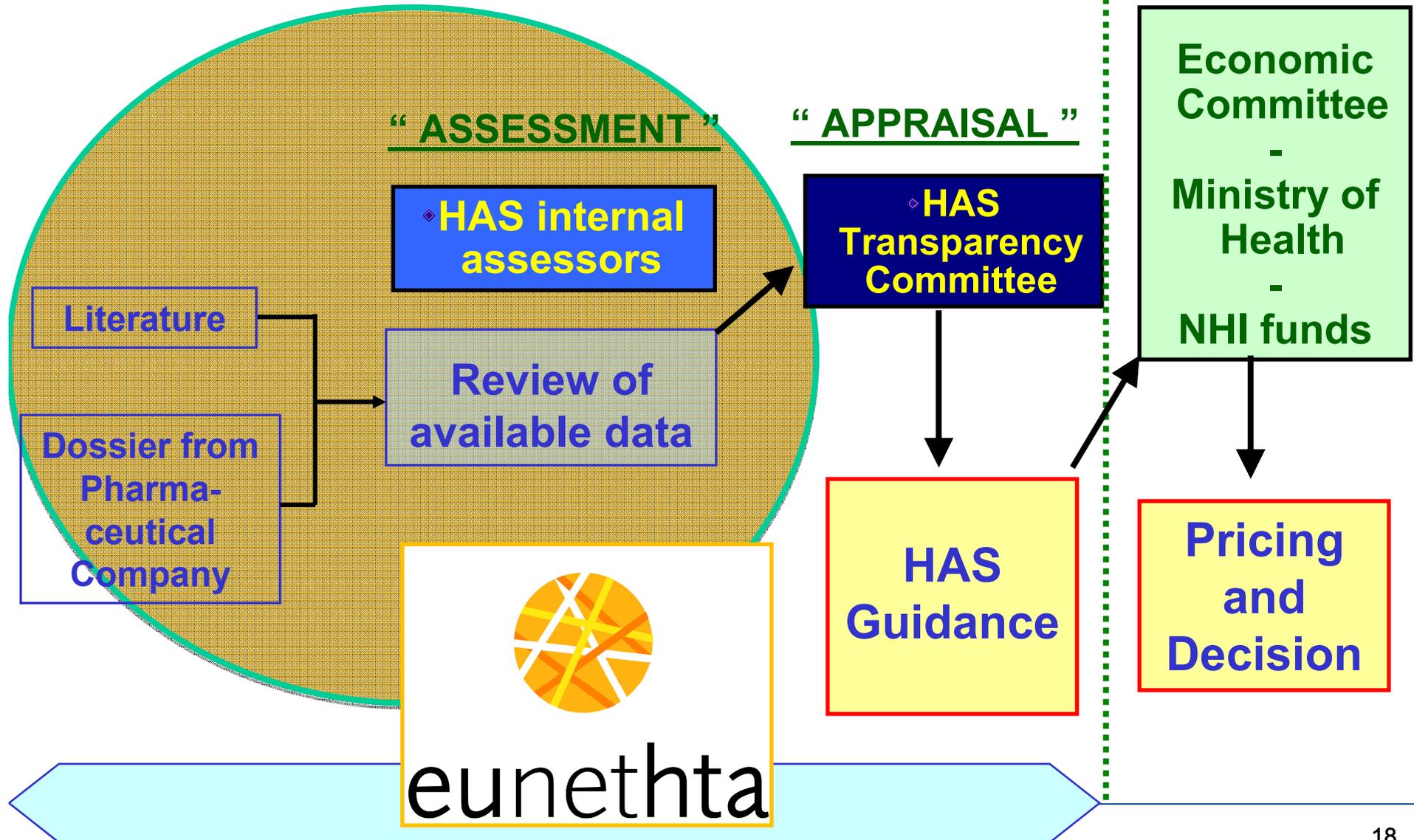
Initial assessment: From HTA to decision making on price and reimbursement



International cooperation on HTA



International cooperation on HTA



The use of opioids in chronic non cancer pain (Afssaps recommendations)

Key messages

- **The management of CNCP is global**
- **The step approach for using analgesics does not apply to all chronic pain syndromes,**
- **Opioids limitations in CNCP**
 - The neuropathic pain reacts in unpredictable manner to opioid therapy
 - Some chronic pain syndromes are insensitive to opioids including those whose pathophysiological mechanism is unclear,
 - When in doubt about the indication, seek specialist advice
- **Opioids related risks to be considered**

Drug and non-drug therapies

Some issues

- **Non drug therapies**
 - More difficult assessment
 - Low level of evidence may contribute to limit their use
 - Ongoing work at HAS on Non Drug Therapies
- **Pharmaceuticals :**
 - Need for adequately developed new pharmaceuticals
 - How to assess value of innovation in this particular field
 - Appropriate use is crucial:
 - HTA bodies to communicate on the rational use of technologies
 - Development of appropriate guidelines
 - Prescribers training, information, CPD...

Various productions of HAS

The collage displays three HAS publications:

- BON USAGE DU MÉDICAMENT**: "Les médicaments des accès douloureux paroxystiques du cancer". It includes a section titled "L'ESSENTIEL" with bullet points: "Chez un patient ayant des douleurs chroniques d'origine cancéreuse, des accès douloureux transitoires et spontanés peuvent survenir malgré un traitement de fond par opioïdes à posologie stable. Les patients concernés sont ceux prenant au moins : soit 60 mg par jour de morphine orale, soit 30 mg par jour d'oxycodone, soit 8 mg par jour d'hydromorphone orale, soit 24 µg par heure de fentanyl transdermique, soit une dose équivalente d'un autre opioïde, et ce pendant au moins une semaine." and "Les accès douloureux paroxystiques justifient une augmentation de la dose de morphine orale, d'oxycodone ou d'hydromorphone orale, ou de fentanyl transdermique, et ce pendant au moins une semaine." It also lists "Le fentanyl par voie transdermique" and "Le fentanyl par voie intraveineuse".
- CLINICAL PRACTICE GUIDELINE**: "Chronic pain: identification, assessment with chronic".
- ÉTAT DES LIEUX**: "Douleur chronique : les aspects organisationnels. Le point de vue des structures spécialisées". It is a "SYNTHÈSE" dated "AVRIL 2009".

- **Health technology assessment :**
 - one technology or one category of technologies
- **Clinical guidelines**
 - For health professionals
- **Recommendations on organisational measures**
 - For decision makers (managers of structures, Regional Health Agencies)

Thank you for your attention

<http://www.has-sante.fr>



The screenshot shows the HAS website homepage. At the top, there is a navigation bar with links for English, Plan du site, FAQ, RSS, Aide, Contact, and Mentions légales. A search bar is also present. Below the navigation bar is a main banner for "Certification des établissements de santé : la HAS recherche des experts-visiteurs" with a photo of three healthcare professionals. The left sidebar contains several menu items: Professionnels de santé, Grand public, Presse, and Programmes Thématiques. The main content area is divided into sections for ACTUALITÉS, OUTILS, and LETTRES D'INFORMATION. The ACTUALITÉS section includes news about a call for offers for literature analysis, the RMM review, the HAS work program, and the IPAQSS 2008 generalization. The OUTILS section includes a glossary and an alert system. The LETTRES D'INFORMATION section includes HAS Actualités & Pratiques n°10 - Juin 2009, Lettre d'information de la HAS n°17 - Mai / Juin 2009, and EPP infos n°36 - Juin.

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English | Plan du site | FAQ | RSS | Aide | Contact | Mentions légales | Recherche | OK | Recherche avancée

Accueil | Présentation de la HAS | Événements | Toutes nos publications | Ressources humaines | Marchés publics | Liens

Certification des établissements de santé : la HAS recherche des experts-visiteurs

En savoir plus

ACTUALITÉS

- Appel d'offres relatif à l'analyse de la littérature et la participation à la rédaction d'un rapport sur la révision de descriptions génériques
- La revue de mortalité et de morbidité (RMM) : une démarche d'amélioration de la qualité et de la sécurité des soins
- La HAS publie son programme de travail
- IPAQSS 2008 : la généralisation sur le champ MCO - contexte et résultats

OUTILS

ABC Glossaire | Alerte

LETTRES D'INFORMATION

- HAS Actualités & Pratiques n°10 - Juin 2009
- Lettre d'information de la HAS n°17 - Mai / Juin 2009
- EPP infos n°36 - Juin

ÉVÉNEMENTS

- Rencontres HAS 2008 : synthèses des sessions disponibles
- La HAS au Congrès de la médecine générale du 25 au 27 juin 2009
- EPP - Bilan et perspectives - Voir la retransmission des débats en

