

IN ASSOCIATION WITH



SIP
Societal Impact of Pain

4th European Annual Event

„Societal Impact of Pain“
Focus Groups

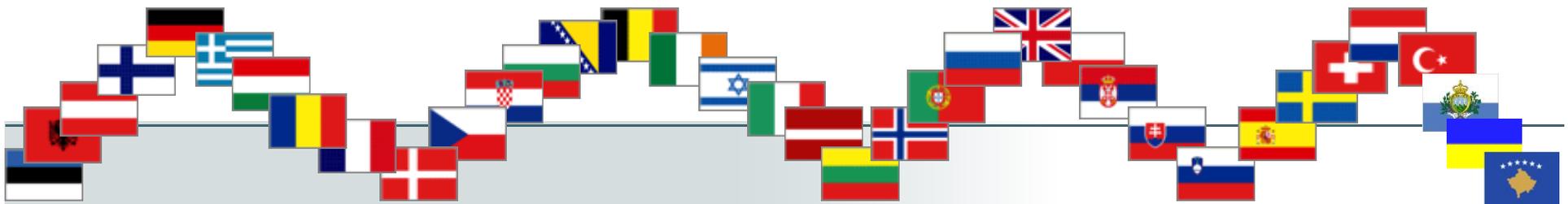
14th -15th May 2013, Brussels

Hans G. Kress
MD, PhD, FFPMCAI
President



European Federation of IASP[®] Chapters (EFIC[®]): 20 years of building bridges

- Multidisciplinary professional organization in the field of pain medicine
- 36 National Pain Societies in Europe (IASP Chapters)
- Some 20.000 scientists, physicians, nurses, physiotherapists, psychologists and other healthcare professionals across Europe.
- Aims:
 - ✓ Develop pain medicine in Europe
 - ✓ Availability of best practice pain management
 - ✓ Public awareness of chronic pain as a disease in its own right and a tremendous societal challenge



New: SIP 2013 Focus Groups



SIP Focus Group 1

How to measure improved chronic non-malignant pain management in the EU?

– Quality Indicators for Good Practice in Pain Management:

According to SIP Road Map for Action, No 7 on “Monitoring Outcomes”

Objective:

To build a comprehensive set of **evidence-based indicators of good quality pain management:**

SIP Recommendations of European Quality Indicators of Outcome.

SIP Focus Group 2

– Chronic Pain in the EU Working Population:

According to SIP Road Map for Action, No 6 on “Best Practice Share”

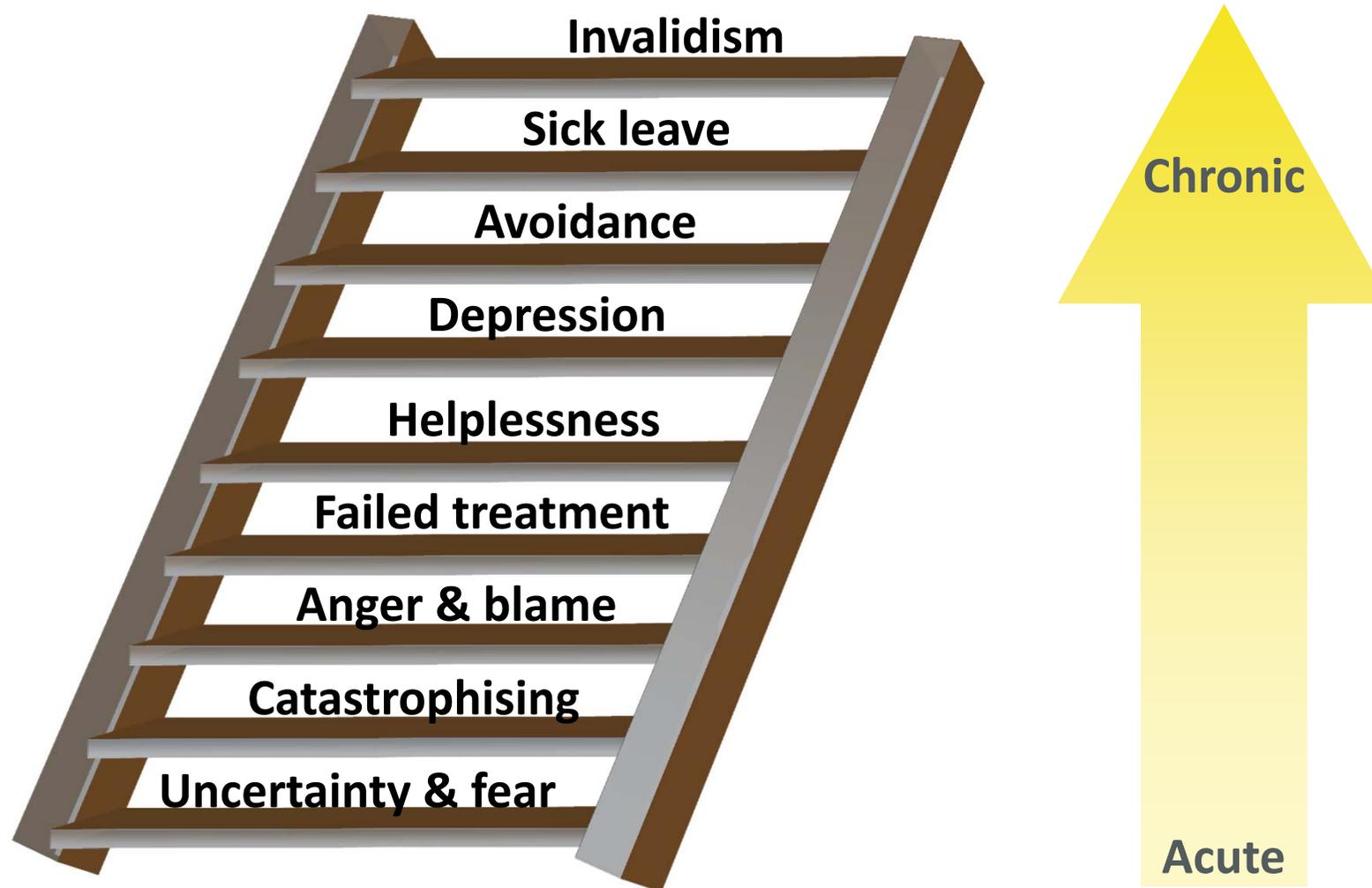
Objective:

Development of a “SIP Proposal for Action” with national examples of rehabilitation and integrated care programs.

Proposals of **concrete measures on EU policy level to keep our workforce healthy,**
Using **European Best Practice for the Reintegration of Chronic Pain Patients** into the Workforce.

The report will be endorsed and signed by all stakeholders involved in Focus Group 2, and published on the SIP Website.

Increasing impact from acute to chronic pain



Costs of chronic pain

> To the individual

- analgesics, osteopaths, chiropractors, physiotherapy
- loss of earnings, leisure time, normal daily activities, ...

> To health systems

- analgesics + anaesthetics, consults, emergency attendances, in-patient days, out-patient attendances, radiology, physiotherapy, ...

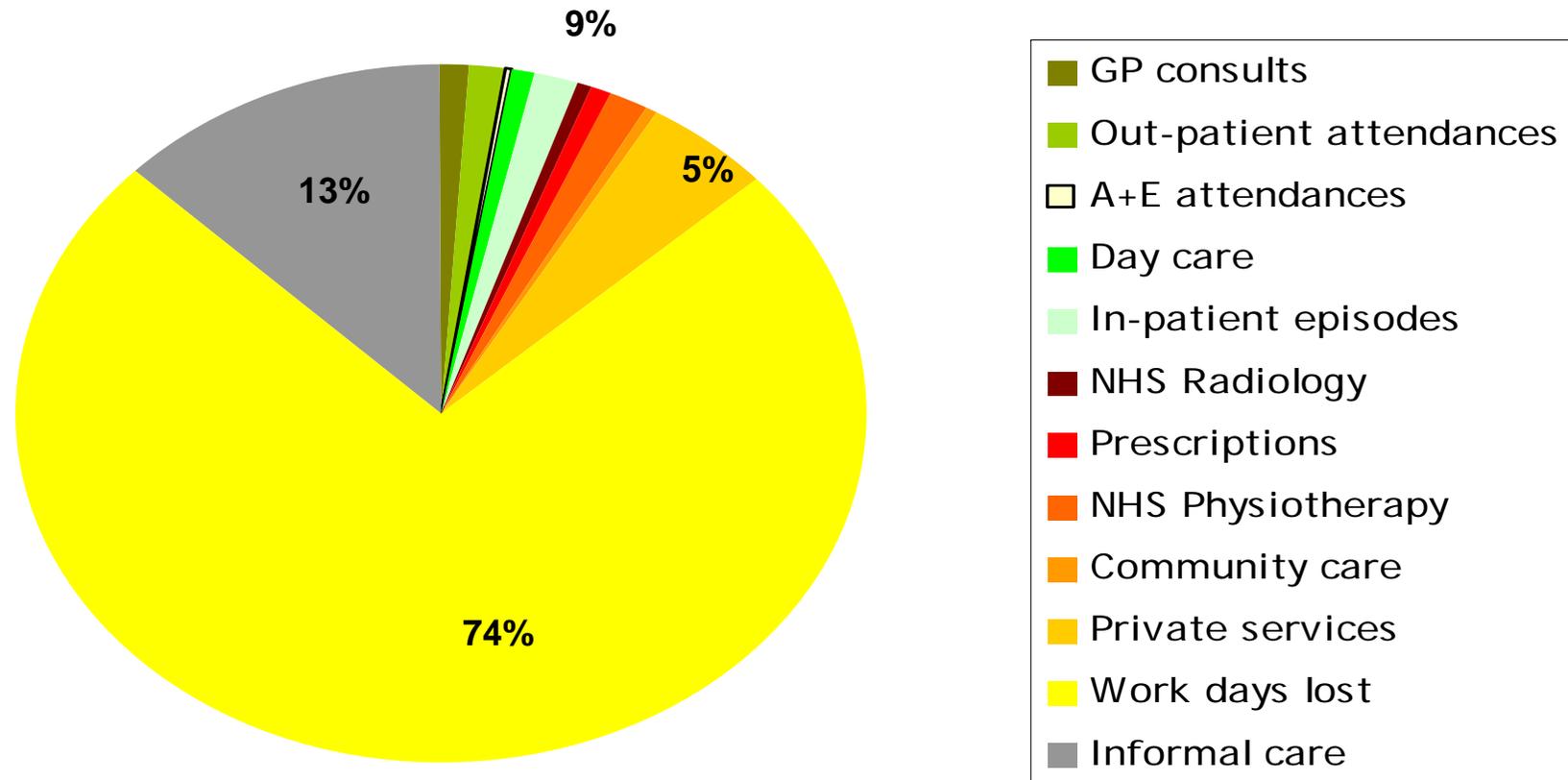
> To society

- production losses, benefits, ...

Economic cost

- 70% people living with chronic pain are of working age
 - Pain is second most common reason given by claimants of IB
 - £3.8 billion spent per year on IB for those with chronic pain
 - £584 million on prescriptions for analgesics
 - Cost of back pain was £12.3 billion (22% of UK health expenditure) - mainly due to work days lost
-

Economic cost of back pain in UK



TOTAL COST = £12.3 billion ~ equivalent to 22% of UK healthcare expenditure and 1.5% of GDP

Societal Impact of Pain Symposia: Joining our forces to:



- Declare adequate pain management an ethical duty for all caregivers and health institutions!
- Make chronic pain management a priority with governments and health providers.
- Ensure awareness of human suffering and costs to society due to un(der)treated chronic pain!
- Provide a platform for all stakeholders and member states to:
 - Share best practice
 - Define high-quality pain management

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