

SIP 2016, WORKSHOP 2

Policy opportunity

“The way to pain policy: From bottom up to top down (The Austrian way?)”

Wolfgang Jaksch
Austrian Pain Society

ÖSTERREICHISCHE SCHMERZGESELLSCHAFT



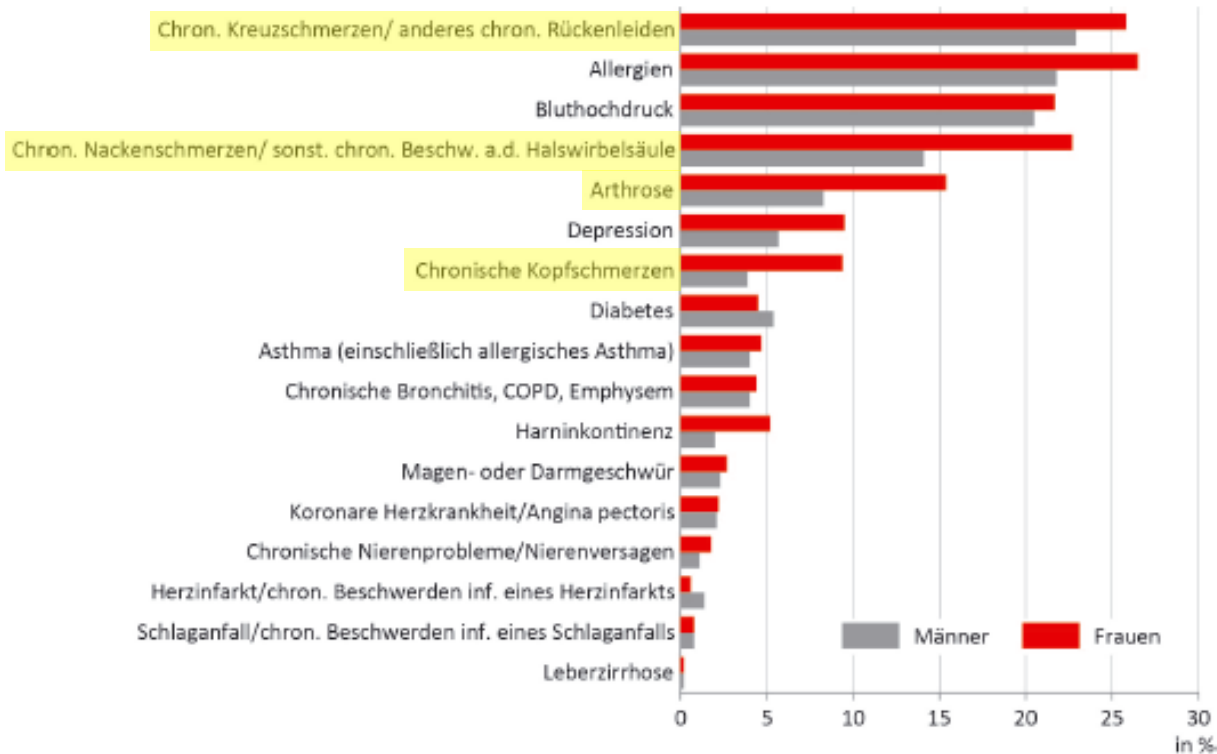
Brussels May 2016

AUSTRIAN HEALTH SURVEILLANCE

HEALTH MINISTRY 2014

Ausgewählte chronische Krankheiten nach Geschlecht, 12-Monats-Prävalenz

chronic diseases, 12 month prevalence



chronic back pain – about 1.8 Mio

chronic neck pain – about 1.5 Mio

arthrosis (pain in joints) - about 1 Mio

chronic headache – 0.5 Mio

- diseases and clinical conditions associated with chronic pain*
- high risk patients in terms of developing a chronic pain disorder

* A classification of chronic pain for ICD-11, www.painjournalonline.com 2015

ICD 10 PAIN AS A DISEASE?

VERSION 2016

Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified

R 52: Pain, not elsewhere classified (pain not referable to any one organ or body region)

R 52.1: Chronic intractable pain

R 52.2: Other chronic pain

Mental and behavioural disorders

F45.4: Persistent somatoform pain disorder

F 45.41: Chronic pain disorder including somatic and psychological factors

Report of the “Barmer GEK” February 2016

*chronic pain associated with physical, psychological and social impairments
that would describe a chronic pain disorder as a disease in it's own right*

4% of the German population

Austria / Europe ????

EUROPEAN CHARTER OF PATIENTS' RIGHTS

SECTION 11

Right to Avoid Unnecessary Suffering and Pain

*Each individual has the right to **avoid as much suffering and pain** as possible, in **each phase** of his or her illness*

soft law – declaration of intention

we need concrete decisions (top-down planning):

- *structured planning for a multi-stage concept in pain care*
clearly defined quality criteria for pain institutions
- *easier access to pain care at each phase of illness*
- *mandatory part of the curriculum of medical education (Germany)*
- *postgraduate specialization for pain therapy*
- *adequate payment of pain treatment (out-patient setting)*
- *reimbursement of newer analgesic drugs*

„there is safety under the cloak of ignorance“

Thank you for your attention!